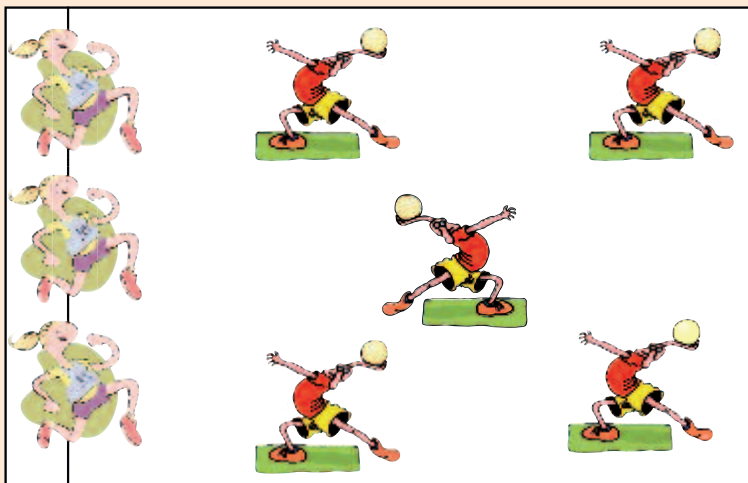




# Moss-ball

**Af en toe worden artikelen aangeleverd over activiteiten die de moeite van het uitproberen waard zijn. Deze keer Moss-ball aangeleverd door een school met een TTO-afdeling (tweetalig onderwijs). We willen het de lezer niet onthouden. We zijn ervan overtuigd dat u de Engelse tekst aankunt. Door: Donja Valkhoff**



Two teams play against each other. There is a running team (who lines up on the line) and a fielding team (who spread out over the whole gym). The aim of the game for the fielding team is to get the runners out by hitting them with one dodgeball. The aim for the running team is to run from one side of the gym to the other side without being hit by the ball. Once they are hit by the ball, they are out and have to sit on the bench. As long as there are runners in the game, the game keeps starting over again.

The fielding team rolls the dodgeball to the running team who has to kick the ball into the field. If the fielding team catches the ball, the kicker is out, but

the game continues. The fielding team is not allowed to walk with the ball in their hands. They try to throw out as many runners as possible.

The running team runs to the other side of the gym and back and then stops. They can start running as soon as one of them kicks the ball forwards. They are only safe once they are back behind the line. After the whole team have gone back and forth (so not continually running back and forth), the game starts over again by rolling the ball to one of the runners. The runners are out when the ball touches them. It does not have to be a direct throw, if the ball bounces off the ground against you, you are also out. You are allowed to swap with team-

mates who are already out, so if you are tired you can ask someone to take over your spot. You can swap as many times as you like.

The running team can score points as long as they have runners in the game. Every time a minimum of one runner manages to reach the line without being hit, the running team scores a point. The points keep adding up until there are no runners left.

*Correspondentie: dsvalkhoff@hotmail.com*



FOTO: HANS DIJKHOFF